

CHAPTER-1 (MY BODY)

- * Breathing → All living things take in oxygen and give out carbon dioxide. This process is called breathing.
- * The skeletal system → Skeletal system makes the frame work to the body. It gives shape and support to the body.
- * The main parts of skeletal system are :—
 - 1) The skull
 - 2) The back bone
 - 3) The Rib-cage
 - 4) The Limbs.
- * The skull → It is made up of eight flat bones closely fused together. There are two jaws — upper jaw and lower jaw. Only lower jaw is movable which help us to eat talk or to laugh.
- * The Backbone → It is made up of thirty-three small bones called the Vertebrae.
- * The Rib cage → There are twelve pairs of ribs, forming a cage, around the delicate organs like the heart and the lungs.
- * The Limbs → The forelimbs, or the arms are joined to the spine by the shoulder girdles and collar bone.

Q1. Write answers of these questions and narrate the answers to your parents :—

- a) Define — Breathing, skeletal system, Rib-cage.
- b) How rib-cage protect the delicate organs like the heart and the lungs.
- c) What are the main parts of skeletal system.
- d) What is the function of — (i.) Lower Jaw (ii.) Limbs.